Edition 5 17 October 2018

# MT ROUSE NEWS & VIEWS COMMUNITY NEWSLETTER



A Project of the Penshurst Mens Shed Inc

FREE EVERY FORTNIGHT

Editor: Mark Dalla Costa

All correspondence to: penshurstmensshedinc@gmail.com

# WDHS PENSHURST CAMPUS—2018 YEAR IN REVIEW

It was with great pleasure that we attended the Year in Review presentation held at the Sheppard Community Health Centre on the evening of 9th October last.

We were initially welcomed by Trevor Gaudenzi, the incoming Chairperson of the Advisory



Committee who thanked the many contributors to the facility and especially the staff. The year in review was delivered by Mrs Margaret Eales, the outgoing Chairperson. She spoke in glowing terms of the passionate staff of the facility, their high standard of care and emphasized the outstanding efforts of all committee members. Mrs Eales is stepping down from the position of Chairperson after 27 years of service to the Advisory Committee in that role.

Other presenters included Mrs Katherine Armstrong, the acting Director of Nursing Aged Care, who spoke of the ongoing high standard of aged care services and Mr Nick Templeton, Manager Finance and Budget, who presented the pleasing financial result for the year. (continued)

# **DEADLINES FOR SUBMISSIONS**

The newsletter issues on Wednesday fortnightly and we would appreciate submissions at the earliest possible time within the fortnight but no later than the Saturday immediately prior to the Wednesday of publishing.

# **MONTHLY MEETING DATES**

- Book Club, 2nd Wed each month at Senor Citizen club rooms.
- Caramut & dist. Garden Club, 2nd Tues monthly at 10 am. See Garden Notes for venue.
- Combined Churches service 3rd Tues every month in W.J. Lewis wing at 11 am.
- Courthouse open 1st Sat each month 9.30 am to 1230 pm.
- Friends Yatmerone Reserve, 2nd Tues each month at Volcano Centre 7.30 pm. New members welcome.
- Indoor bowls 2 pm every Monday at Senior Citizens. All Welcome.
- Lions, 1st & 3rd Tues each month at 8 pm.
- Mt Rouse & Dist. Historical Society, 4th Sun in January, March, May, July, September and November, 2pm at Court House. Phone 557 12145.
- Penshurst Bowls Club, 1st Tues each month at 7.30 pm.
- Penshurst Hospital Ladies Auxiliary,
   3rd Tues each month, Sheppard Room,
   Penshurst Hospital at 1.30 pm.
- Penshurst Playgroup meets every Monday morning 9.10 am—11.30 am. Everyone most welcome. (No playgroup in School holidays)
- Penshurst Pony Club rally, 1st Sunday each month.
- Penshurst senior Citizens meet last Tues monthly, 4 pm at club rooms in Bell Street. Novelty Bingo, last Tues of month Feb—Nov at 2.15 pm. Cards & social afternoon, 2nd wed monthly at 2 pm.
- Penshurst Urban Fire Brigade, 2nd Mon monthly at fire station.
- Residents, relatives & Carers group, Tues bi-monthly, 4 pm at Hospital.
- RSL meets 1st Thursday of Feb, Apr, July & October at 6 pm at RSL Hall.

Would you like your group listed here, contact Mark on 0409192612 or email penshurstmensshedinc@gmail.com

# Continued from Page 1.

WDHS 2018 Year in Review

The Guest Speaker, Senior Constable Shaun

McCulloch, spoke of the challenges of country policing and entertaining presentation was well received.



his

The Chief Executive

Officer, Mr Rohan Fitzgerald, the presented special awards to two staff members, Kim an EN for her 20 years Service and Liz Ewing for her 25 years service in Food and Domestic servicing.

The evening concluded with a substantial and beautifully prepared supper.

# **NEWSLETTER SUBSCRIPTIONS**

If you wish to subscribe to this by mail the postage cost is \$2 per issue. If you would like to receive each issue by email contact the Editor at:

penshurstmensshedinc@gmail.com

Mark Dalla Costa 0409 192 612

# ADVERTISING RATES (Per Issue)

 Full page:
 \$20

 1/2 page
 \$10

 1/4 page
 \$5

**Business Card \$3** 

# Penshurst Hospital Market

Brought to us by Nanette & Pat Stanes of Hamilton.

Did you drop into the local Market that provides funds for the Penshurst Hospital twice a year. We had an eclectic mix of stalls, smiling faces and entertainment, from Pat on the Sausage Sizzle to Kelly Watson and her Face Painting for the kids.



Below are some photos from the event. We expect the next one will be in March 2019 ..

In the meantime, be on the lookout for the Penshurst Christmas Market on Friday 14th December 5.30 - 9.00pm.



Marie McDonald with her sewing & patchwork and Diane McDonald with her baking and print cutting, returned to Penshurst to support the Market



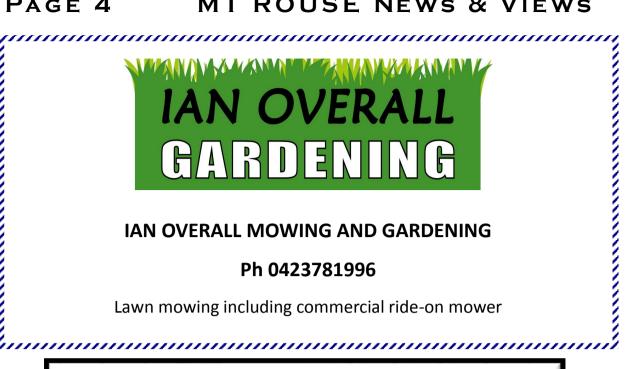
Who is this smiling face?

We have to thank Nanette Stanes, who, with husband Pat, work tirelessly to bringing the Penshurst Hospital Market.





Here are John & Judy Brennan from the Penshurst Post Office.





Penshurst Newsagency & Takeaway

**OCTOBER SPECIAL** 

2 x large pizzas & 1.25L Drink

Only \$39.00

Grab your Takeaway and extras from Josh & Tracy Hewitt at the

# **Penshurst Newsagency & Takeaway**

86 Bell Street Penshurst 5576 5330 ABN 62624156010

All Day Breakfast, Egg & Bacon Rolls, Home-made cakes & slices Mahalia Coffee, Fresh Bread, Milk, Meat and soft drinks. Fresh battered Fish, Dim Sims, Hot Chips and much more.

Try the specials - Chicken Parma, \$15.00, Souvlakis (Lamb or Chicken), Fish & Chips with salad \$10.00

NEW - Chicken & Seafood (served with chips & salad) \$18.00

Hamburgers, Chicken Chilli Burgers, Steak Sangas, Chicken Schnitzel Burgers Check our board for weekly specials!

> Opening hours 6am – 7pm Monday – Thursday

7am - 8pm Friday, 7am - 8pm Saturday 8am - 7pm Sunday

Please phone late orders 15 minutes prior to closing, thank you.

# MT ROUSE News & VIEWS

# More photos from the Market

Word to the wise: Nanette and Pat would love to have some assistance with the Markets, either in arranging their two or setting up and clearing up on the two days it takes to do this. Will you give a little of your time to continue to bring these events to Penshurst. The next market is the Christmas evening market. Contact John Brennan 5576 5220 if you would like to help.



Meredith Berkhout Tupperware

Sheena Schmidt Molly Bear Designs





Helen Langley Pure silk Sanctum Tranquilis

Nicole Baulch Kaszazz Stamp . Scrap . Embellish





Sarah Vafidis Prettyfull Pantry

Nic & Dave's Jams and Relish

Not pictured, Lindy Harman Mary Kay Beauty Consultant



For contact details for any of these Stall Holders please contact the Editor

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# MT ROUSE News & VIEWS

"An eye for an eye only ends up making the whole world blind..." – **Mahatma Gandhi**"Anyone who has never made a mistake, has never tried anything new." – **Albert Einstein**"Be kind, for everyone you meet is fighting a battle." – **Plato** 



**PUBLIC NOTICE AGM** 

### PENSHURST CREATIVE ARTS INC

Tuesday 30th October 7.30pm

at Penshurst Mens Shed, Cobb Street,

Everyone is welcome.

For more information contact Tom Cooke 0488 557 345

**Public Notice** 

# **Advance Penshurst Inc**

# **Community Meeting**

31st October 2018 7.30pm
Community Room at rear of VDC

# **Notice of AGM**

Wednesday 28th November 2018 7.30pm Community Room at rear of VDC

Are you interested in being part of your Community Association? **Everyone welcome**. For further details contact Paul Sutherland <pauli54@outlook.com>

# **EXPRESSIONS OF INTEREST**

SALE OF ITEMS HELD BY PENSHURST A & P SOCIETY

The following items are to be disposed of and all interested parties are requested to contact John Brennan on 0488924944

10 Fold up trestles tables 19 fence panel footings 1 plastic tool box & tools

1 Aluminium ladder 2 pin board screens (large) 1 cooler jug

1 Noughts & Crosses game 2 metal A frames 1 box thermos

5 form seats (bench type) 1 Ker plunk game

19 steel fence panels 1 large Jenga game

# **Penshurst Memorial Hall**

To hire the Hall please contact the booking agent, Thomas Cooke 0488 557 345 or Email <a href="mailto:penshurstmemorialhall@gmail.com">penshurstmemorialhall@gmail.com</a>. Contact Ama or Tom Cooke for key collection.

Daily charges for Hall hire:

· Main Hall \$150

· Supper Room or Kitchen \$50

· Entire Venue \$250

Conditions apply



# WEDNESDAY 14<sup>TH</sup> NOVEMBER PIZZA AND PASTA DESSERT

(including vegetarian/vegan/gluten free options)

# BYO

7:00 PM TO 11:00 PM

\$35 per person, with a 50% deposit

Seating for thirty people is available

Bookings in advance are essential

# PLEASE TELEPHONE 0498 730 055

leave your name, number of seats required and a telephone number **or** use tear off strip below and drop it into the café

| Name         |                              |
|--------------|------------------------------|
| Telephone    |                              |
| No. of seats | Vegetarian/Vegan/Gluten Free |

# MT ROUSE NEWS & VIEWS

# PENSHURST HISTORY – Major Mitchell & Aboriginals Source: The Sydney Morning Herald

The land around Mt Rouse was once occupied by the Nareeb Nareeb and Kolor Aborigines who garnered plenty of food from the local environment and water from natural springs and creeks. The Kolor people took their name from the mountain which they called 'Collorrer'. They built substantial huts for their shelter in the winter, preferring the open countryside in the warmer months. Major Mitchell, who sighted Mount Rouse during his Australia Felix expedition of 1837, also encountered two of the aforementioned dwellings which he described as 'two very substantial huts'. On a rainy day he expressed a desire to 'return if possible, to pass the night there, for I began to learn that such huts, with a good fire between them, made comfortable quarters in bad weather.' From atop Mount Napier he noted: 'Smoke arose from many parts of the lower country, and showed that the inhabitants were very generally scattered over its surface. We could now look on such fires with indifference, so harmless were these natives, compared with those of the Darling, and the smoke, now ascended in equal abundance from the furthest verge of the horizon.'

Each tribe had a chief who consulted with the other elders. Those regarded as having special contact with the spirit world practiced healing and were held in some awe. Tunrap Warneen, chief of the Kolor tribe, was one such healer whose reputation drew Aborigines from far afield. He spoke many dialects and, at corroborees and meetings, his face was rendered in red pigment with white lines beneath the eyes. A band around his temple bore the feather of a turkey bustard or the crest of a white cockatoo. His fate was indicative of early black-white relations in that he was shot by the manager of a station near Mount Kolor, causing a tremendous sense of grief and loss to the neighbouring tribes.

As many as 20 tribes would attend meetings at a large marsh to the south-east of Penshurst in order to barter, feast, hunt and socialise. Intricate laws governing sexual relations were designed to prevent interbreeding. A local squatter remarked: 'The aborigines are everywhere divided into classes, and everyone is considered to belong to his mother's class, and cannot marry into it in any tribe, as all of the same class are considered brothers and sisters.'



What is happening at your Clubs, Associations, and groups in the Penshurst & Districts region. Share it with our Newsletter and advertise your events on our Monthly Calendar. Everyone Welcome.

# The Mount Rouse Puzzler 5

- 1 the case of a miniature
- 6 semi precious black stone
- 7 the charm of a soft chime
- 10 and ant devetes
- 10 ardent devotee
- 12 one for the other
- 13 letter container
- 14 cattle-feed fruit
- 15 sending a message
- 16 enquire or nose around
- 17 peaceful horizon
- 19 out cold or unaware

- 2 not the magie's best friend
- 3 basker's joy
- 4 sentimental fiction
- 5 windy game
- 8 give freedom
- 9 witch-doctor happy to have clouds over his reputation
- 11 it will hold a place for you
- 14 pieces of eight for a pirate
- 18 touching mythological figure

### Answers Puzzler 4

### Across

10 canola

1 whisper 11 breakfast
5 convenient 14 cake
6 hammer 16 challenge
8 remembering 18 yesterday
9 owl 19 dream

# Down

12 gypsy

2 rosemary 13 rooster
3 foundation 15 church
4 pencil 17 loose
6 hall
7 grandchild

# A PAGE TO SHARE RECIPES

The following recipes were submitted by readers this week.

# **Pork Chops in Apple Juice**

Remove the rind and fat from enough large, leg pork chops to give you 700g after the trimming.

Arrange in a shallow baking dish, fitting closely, but not overlapping.

Crush: 1 large clove garlic directly onto chops.

Mix: 200 ml apple juice.

25 ml soy sauce.

6 fresh sage leaves, finely chopped.

Pour over chops.

The liquid should just cover the chops. Leave for 2-3 hours and then cover and bake on middle shelf at 165°C or 325°F for at least 1 hour and 15 mins. By this time they should be well cooked and the liquid should be reduced to about 125 ml.

Remove chops and arrange on warm platter. Don't salt, as you have enough salt in the soy sauce.

Pour the pan drippings into a pot and thicken with 12,5 ml cornflour mixed with 50 ml white wine. Allow to boil up and, while stirring, add 2 ml sugar and 25 ml thin cream. Pour over chops and serve with vegetables of your choice.

# **Stuffed Jacket Potatoes**

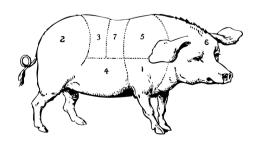
Bake 6 potatoes in a moderate oven until cooked. Cut potatoes in half and scoop out flesh, carefully making sure that you don't tear the skin.

Sometimes it is better to leave a few centimeters of flesh behind, all the way round.

Place flesh in bowl. Mash with about a cup of cheddar cheese. At this stage you can add sliced leeks, or chopped onions, chives, parsley etc. Season well, and carefully place mixture back into potato casing.

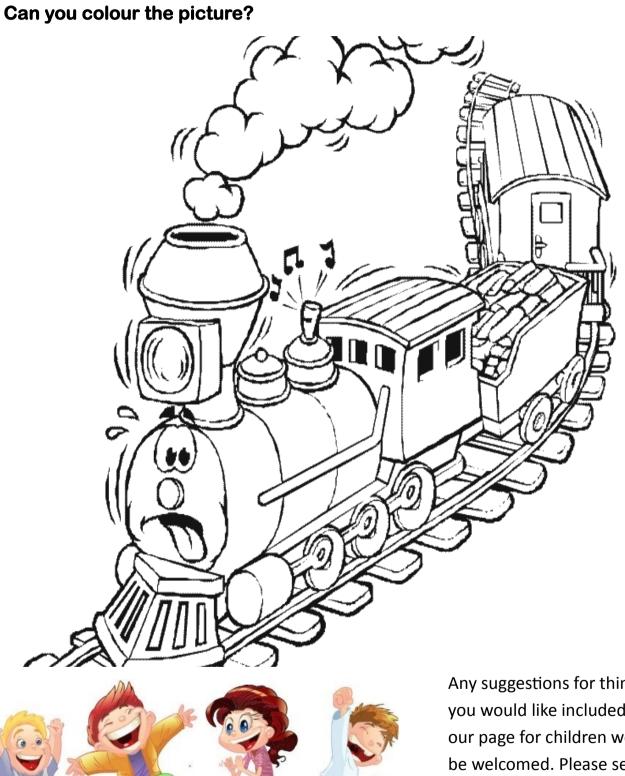
Sprinkle with extra cheese and some cooked bacon pieces and bake for 15 minutes more, until cheese has melted.





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# A PAGE FOR THE CHILDREN



Any suggestions for things you would like included in our page for children would be welcomed. Please send to the Editor at:

penshurstmensshedinc@gmail.com

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Dear Penshurst & District Community,

This is your INVITATION

To our

CELEBRATION

Of the

RESTORATION

within our 153 year old church.



# Sunday 21st October 2018

St Andrew's Uniting Church,

Martin Street, Penshurst

2.00pm Service led by Rev. Angie Griffin



3.00pm Afternoon tea
Bring a plate, bring a friend
EVERYONE IS WELCOME

In Remembrance of 153 years of Christian Witness in the Penshurst & District Community.

Bethleham Lutheran Church Tabor Service every

Sunday 10.00am

Penshurst Anglican Church

5pm Mass 3rd Sunday each month

For further details contact Janet Kelly on 5576 5247 St Andrew's Uniting Church Penshurst

2nd Sunday 11am Service

4th Sunday 10.30am Morning Tea, 11am Service St Joseph's Catholic Church Penshurst

1st Sunday No Service 2nd Sunday Mass 8.30am 3rd Sunday Lay Service 8.30am 4th Sunday Mass 8.30am 5th Sunday Mass 8.30am

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# LETTERS TO THE EDITOR

In this section we welcome your comments and views. If you have good news or a burning issue please send a letter to the Editor at :

# penshurstmensshedinc@gmail.com.

The Editor reserves the right to decide on which letters will be published and whether to precis longer submissions.

# Riddles

- 1. If you have me, you want to share me. If you share me, you haven't got me. What am I?
- 2. What gets broken without being held?
- 3. Feed me and I live, yet give me a drink and I die. What am I?
- 4. A man is pushing his car along the road when he comes to a hotel. He shouts, "I'm bankrupt!" Why?
- 5. How many of each species did Moses take on the ark with him?
- 6. Forward I am heavy, but backward I am not. What am I?
- 7. He has married many women, but has never been married. Who is he?

Answers to last fortnight's riddles:

1. A stamp, 2. A candle, 3. A clock, 4. Paper, 5. A coin, 6. A needle, 7. A tea towel.

"Employ your time in improving yourself by other men's writings so that you shall come easily by what others have labored hard for."

"It is a good thing for an uneducated man to read books of quotations."

# - Winston Churchill

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Email: penshurstmensshedinc@gmail.com

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Mandy's Hair Design

# 80A BELL ST PENSHURST

**Bookings by appointment** 

For appointments please ring

Mobile: 0417 511 177 Thankyou

# **Mobile Library**

Internet, audio books, dvd's, fiction & non-fiction, children's section,

If we don't have it we can get it free!

It currently visits Penshurst every

THURSDAY FORTNIGHT

3.00 to 4.00 pm outside the Hall in Martin St



The Mobile will not operate on extreme and Code Red fire declared days.

Phone 5573 0470

Www.sthgrampians.vic.gov.au/library

# CHRISTOPHER COOK CONSTRUCTIONS

Ph: 0417 100 243

Fax: 5576 5267

112 Bell Street Penshurst Vic 3289

HIA Reg CB-U 6214 DB-U 5109







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# WHAT'S HAPPENING ON THE HAMILTON HIGHWAY

# 21 October 2018 & 17 March 2019

Pierrepoint Wines Classic Rock & Wine Event
Tickets \$10 per person (pay at the Event)
291 Pierrepoint Road Tarrington.

### **November 17**

The Lismore and District Mens Shed will be holding a market in the Lismore Health Centre Carpark on Saturday 17th November from 8.30am to latish, possibly 4.00pm.

# PLACES OF INTEREST IN PENSHURST

**Volcanoes Discovery Centre** www.penshurstvolcano.org.au

Yatmerone Wildlife Reserve Ritchie St Penshurst

**Botanic Gardens** Chesswas St Penshurst

Caravan Park Cox Street Penshurst

For Bookings phone (03) 5576 5220

**24 Hr Fuel** 91A Bell Street Penshurst

# The Greater Hamilton Events Guide - Spring & Summer

The Spring & Summer edition is now available. It can be obtained from any Visitor Information Centre in the Shire or online at

www.sthgrampians.vic.gov.au/files/Events/ Spring Summer Events Guide 2018 2019.PDF

Events and markets new to the region include:

20 OCTOBER 3 PEAKS FESTIVAL Dunkeld

21 OCTOBER LIONS SPRING MARKET Hamilton

27 OCTOBER FARMERS & CRAFT MARKET Hamilton

17-18 NOVEMBER DUNKELD ART MARKET Dunkeld

24 NOVEMBER FARMERS & CRAFT MARKET Hamilton

22 DECEMBER MAKERS MARKET Hamilton

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# POST



Post Offices have changed in many ways over the years, now offering a wide variety of products and services.

Did you know you can deposit & withdraw with all major banks and Credit Unions at Penshurst Post Office

# Also

Passports & Passport Photos, Working with Children Applications
Post Office Boxes available – To keep your mail safe
Overseas Money - Commission free, Money orders
Western Union Money Transfer
Gifts for all occasions and ages – GREAT PRICES
Quality Cards & Wrapping Paper, Darrell Lea Chocolates
AND MUCH MORE

Monday – Friday 9am to 5pm 31 Martin St, Penshurst Vic. 3289 (03) 5576 5220

Some things never change - (sneeze) - could be Penshurst

Ode to Melbourne Spring The Argus Newspaper 1848-1957 - Saturday 19 October 1946

Hail, gracious Spring!
For Spring, they say, has come!
(I know the "hail" part has arrived,
I'm frozen nearly numb.)

Let's trip the sward,
Beneath the trees in bud!
(But mind you wear your studded boots,
Or you'll slip in the mud.)

List to the birds,
As they chirp cheerily!
(And if their chirp is more a croak,
They've just got colds—like me.)

Smell how each flower
A perfume rare exhales!
(A wonder there are any left
Since Spring brought all her snails.)

Oh, breathe the balmy air,
And troll a merry song!
(But see you hang on to your hat,
The zephyr's pretty strong.)

Oh, NERTS 'TO SPRING'
(My muse is out of tune),
Why not admit that she's a fake?
Her name's not 'Spring". It's .. "JUNE".

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# Dunkeld & District Community Bank® Branch





# Shareholders rewarded with first dividend!!

Grampians Regional Community
Enterprises is pleased to announce
payment of our maiden
shareholder dividend,
rewarding the long-standing
support of all our shareholders.
The unfranked dividend of \$0.03
per share will be paid on the 3rd
December 2018, with a record date of the

22nd October 2018. Without your support our branch

would not exist, and our local communities would not have a locally owned Community Bank® which provides banking services, local employment, and funds to community projects – more than \$200,000 in the past seven years. We look forward to continuing to make Dunkeld and District communities a great place to live, work and to achieve financial goals – whether it is to simplify your banking, plan for the future or just stay on track. We thank you for your support and invite other members of the community to join us in building our community. Come by and see us at 92-94 Parker St, Dunkeld (phone 5577 2488) or visit us at 75 Bell St, Penshurst on Fridays.

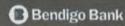
# 80,000 bonus Qantas Points

for you or your business.

Apply by October 31 2018, minimum spend \$2,500 within 90 days.

Drop into your nearest branch at 92-94 Parker Street, Dunkeld or phone 5577 2488.





bendigobank.com.au/qantas

Terms, coordiscore, fees, chatgage and lending otherin apply, Mastercard is a registered traceman and the circles design is a trademan's of Mastercard International Incorporated. Credit provided by Bendigo and Administra



# Sausage Sizzle each Wednesday during October!

During October we will be firing up the BBQ and offering a snag in bread for a donation as a part of our commitment to the OTIS foundation.



Bendigo Bank is the Principal Partner of The OTIS Foundation and we have supported OTIS since inception through our Community Enterprise Program. The OTIS Foundation is a charity dedicated to providing a national network of retreat accommodation properties at no cost to anyone who has faced the challenges of breast cancer. Each retreat has been donated for its location, in a beautiful environment which allows guests to draw on nature for strength and comfort.





### The Little Blue Towels are back!

Just \$7 for a pack of five, Little Blue Towels are 100% re-purposed, lint-free and super absorbent. Perfect for cleaning. Great for fishing or camping. Good to keep in the car, boat, caravan, workshop or shed. 100% of the proceeds of the sale of Little Blue Towels go to The OTIS Foundation.

# TAIL END TALES

Mount Rouse News & Views Community Newsletter

Would you like to advertise, share your events, photographs and stories with our community? All articles, photos and advertising should be emailed to

# penshurstmensshedinc@gmail.com

# Looking after our wildlife

Spring is here and while farmers minds are on the fields, those of us in town have other things to consider.

About a week ago my husband was mowing the neighbour's lawn when he came across a circular bare patch in the grass near a small tree. On investigation a young Barn Owl decided he was a distinct threat and attempted to run away, with magnificent displays of how large he was, and how strong. In the

meantime the maggies were getting ready to attack again, which might explain why he was there, or some other injury kept him grounded for a number of days. We rang the Hamilton Wildlife Shelter and delivered him to them, where we learned that he was exhausted, thin and starving.



In the six plus years we have lived in town we

have had an echidna in our front yard, who let me take his photos, a mother koala who camped by our water bowl (she also ended visiting the Shelter too, though she did not recover. We are told that kidney problems are not uncommon in the species), and we've seen wallabies bouncing down the street. I won't mention the snakes.

From the Shelter Facebook page - https://www.facebook.com/hamiltonwildlifeshelter/

If you have found /picked up injured or orphaned wildlife, please work your way through the following options: - Shelly 0409187625 - Wildlife Victoria 03 8400 7300 (State-wide) -

Cox St Veterinary Clinic 55 711202 (Business hours only) -Marie Greiner 55 722882—

Pam Turner 55 774343 - and Hamilton Police Station (03) 5551 9100 (for kangaroos or wallabies that are in obvious need of euthanasia).